

## TESTIMONIALS

*Koti's workshop has helped me in many areas of my life. Now my days just flow and I'm not reacting to what's going on. Lara L. November 2009*

*The study group has helped me immensely to stay on track with my Louise Hay studies. I have thoroughly enjoyed every session and enjoyed doing all of the homework. Koti is a wonderful teacher and has guided our group beautifully. I have really enjoyed sharing with the other participants. I will always remember the study group as a wonderful time in my life. Lara L. May 2010*

*The course has allowed me to reach my full potential as a person. I have gained confidence and self esteem that I did not realise I had. I now have a more positive outlook on life and it is fantastic.*

*This workshop opens you up. You delve beyond the layers of the heart and prejudices of your past and reprogram yourself for a new future! Thanks Koti. Penny F.*

*Wow, I can be positive in all parts of my life. I can see the colour and beauty in life. Smell the roses, hug with heart! Thanks Koti. Sonia Blakey*

*The workshop was wonderful and really focused on what is real in life: love. It helped me immensely and I can easily transition all of the teachings into my everyday life. Lara Lau*

*Koti assisted me to effortlessly lift my abundance issues - I didn't even realise I had. What an insightful workshop with a powerful message. Vanessa B.*

*Absolutely Fantastic!!! I have identified what was blocking me and shifted it thanks to your guidance. Thank you. Thank you. Thank you. You have truly activated my prosperity!!!*

*A great workshop – enjoyable and fun – I loved it. You are a fantastic Heal Your Life teacher. Travis L.*

*Koti was wonderful, she gently found out what the issues were that were holding me back about creating abundance in my life. She then helped me create new positive affirming beliefs. Koti is a wonderful gentle, kind and caring spirit. Thank you Koti. Glenys M.*

*Thank you for this wonderful workshop. All my blocks have now disappeared. I am happy to learn and understand my doubts. I now move towards my desire of destination of wealth. Yanni W.*

*Thank you Koti for presenting such an inspiring workshop. You are a wonderful facilitator who, makes learning and sharing fun! The ideas presented will allow me to make positive changes in my life. Regina W.*

*Koti, you provided such a safe environment and the group was the perfect group. A lot of healing came through. Thank you. Lucia C.*

*This was my first Louise Hay workshop and I thoroughly enjoyed the simple, yet profound exercises. Koti was a lovely and kind facilitator, and her energy was perfect for our group. Thanks Koti. Doreen S.*

*I was blown away by this workshop – the impact of it and the amazing value. I really involved myself in the exercises and enjoyed the places where I allowed myself to go! Thank you Koti for providing such a safe environment to grow in. S. Kennett, Ashburton*

*This study course was the perfect introduction for my spiritual growth. Working in a small supportive group is so much more powerful than just reading a book alone at home. Jodie B.*

*Koti is full of energy and presents the course with wisdom and professionalism. I highly recommend the Heal Your Life study group. Carolyn I.*

*Koti, thank you for helping me release some of my past and allowing me to be the best me I can. I have learnt so much about myself and really look forward to continued workshops. Miranda P.*